

# Saddle Your Own Horse™

A weekend retreat for Mothers and Daughters  
who want to channel their Inner Cowgirl  
without getting on a horse!



**May 1-3, 2015**

The Inn at Richmond is ranch headquarters—a destination Select Registry Bed and Breakfast in a pre-Revolutionary War colonial home, tastefully renovated to retain its historic architectural charm. A Shaker Barn houses an indoor arena located at the renowned Berkshire Equestrian Center. You'll enjoy a mix of elegance and campfires under the stars, western food, and most of all, unforgettable memories.

[berkshirehorseworks.com/saddle](http://berkshirehorseworks.com/saddle)

**(310)488-9777 REGISTER BY 4/15**



**Berkshire  
HorseWorks**

A Horse/Human Collaboration

Come on an adventure in the beautiful Berkshires of Western, MA and find your strong. Join Berkshire HorseWorks™ and Cowgirls Are Forever™ as they take you on a transformational journey that taps into your inner cowgirl. The Saddle Your Own Horse weekend empowers mothers and daughters to be their most courageous and authentic selves, using the principles of the American cowgirl's bold, independent, can-do spirit! Fun, engaging, bonding exercises utilizing the EAGALA Model of Equine Assisted Team building along with the 8 Saddle Your Own Horse Principles foster self-awareness, self-esteem, and the bold cowgirl spirit that fuels your lives.